

Loveland Habitat For Humanity

Safety Checklist

GENERAL SAFETY

1. Wear sturdy close toed shoes/boots.
2. Do not wear loose clothing that can get caught in a saw.
3. Wear safety glasses at all times.
4. Wear hard hats when there is above work being done.
5. Never throw anything down to the ground from the second story or the roof.
6. Be aware of your surroundings; Stairways, uneven ground, various trip hazards.
7. Pull all nails from all wood before leaving it unattended.
8. Always lift with your legs.
9. Know where both ends of your load is at.
10. Keep a clean workplace. Place scrap wood in a designated pile. Always pull nails out of wood or bend them down before tossing. Do not place anything on stairs.
11. Report & tag any damaged tools/extension cords.
12. Please keep an eye out for other workers to follow safety rules.

LADDER SAFETY

1. Volunteers under the age of 18 are not permitted to work on any roofing-related projects.
2. Never step on the top two steps of a ladder.
3. Never leave anything on a ladder.
4. Do not lean past the side rails of a ladder (belt buckle rule).
5. When leaning a ladder against the house use the 4:1 rule. For every 4' up the bottom must be 1' out.
6. If the ladder is not level then dig the ground out with claws of hammer until ladder is level.
7. If using an extension ladder and you are on dirt/gravel. Put the teeth of foot in ground. If you are on cement put the pad of foot on ground.
8. If exiting ladder onto a higher level the ladder must be 3' (3 rungs) above landing.
9. Always maintain three points of contact while climbing ladder.

POWER TOOL SAFETY

1. Volunteers under the age of 18 are not permitted to used power tools.
2. Gloves should not be worn when using power tools.
3. Never start a saw when blade is touching material.
4. Never let go of tools that are still running.
5. Always wear safety glasses when using power tools. Hearing protection is recommended.
6. Make sure you know where all your body parts are while using power tools.
7. When using an air gun, never have a body part near where nail will be going. The nail can bend inside wood due to grain or other objects and come out unexpected areas.
8. Take finger off trigger when not nailing.
9. Do not point gun at someone.
10. Disconnect air hose when gun jams, correct the problem and reconnect hose.